

## APPENDIX J

## THE PLANNING REGIONS

Planning Region	Composition
East	Counties of Dublin, Kildare, Meath and Wicklow, Dublin County Borough.
South West	Counties of Cork and Kerry, Cork County Borough.
South East	Counties of Carlow, Kilkenny, Tipperary South Riding, Waterford and Wexford, Waterford County Borough.
North East	Counties of Cavan, Louth and Monaghan.
Mid West	Counties of Clare, Limerick and Tipperary North Riding, Limerick County Borough.
Donegal	County Donegal.
Midlands	Counties of Laoighis, Longford, Offaly, Roscommon and Westmeath.
West	Counties of Galway and Mayo.
North West	Counties of Leitrim and Sligo.